



Day Hike Packing List

Hiking Clothing

- Hiking Boots** (Waterproof ideal, well worn in)
- Hiking socks
- Hiking pants
- Moisture wicking / active t-shirt
- Fleece / warm mid layer**
- Waterproof Jacket**
- Waterproof Pants
- Sun hat and sunglasses

Misc

- Identification
- Cash for coffee / snacks / tipping
- Sunscreen

Hiking Equipment

- Hiking backpack** (20-30L)
- Whistle / signal device
- Water bottles (2L)
- Any additional snacks you would prefer

Optional

- Touque / warm hat
- Gloves
- Gaiters
- Trekking poles
- Personal medication and blister kit

*** These items are mandatory and you may not be able to participate in the trip without this equipment.*

Rentals

Outdoor Explore are able to provide rentals for the following items. Please contact us to arrange rentals and to get a quote. info@outdoor-explore.com

- Hiking backpack
- Trekking poles