



# Climbing Packing List

## Clothing

- Suitable stretchy, durable clothing for climbing
- Fleece / warm layer
- Waterproof Jacket
- Sun hat and sunglasses
- Shoes suitable for a short hike to the crag

## Climbing Equipment

- Rock Climbing Shoes \*
- Harness \*
- Helmet \*

## Food/Water

- Lunch for the day \*\*
- Snacks \*\*
- Water bottles (2L) \*\*

## Misc

- Sunscreen
- Identification
- Cash for coffee / snacks / tipping

\* *Outdoor Explore can provide this equipment, but feel free to bring your own equipment if you have it.*

\*\* *There is nowhere to buy food near the climbing location. Please bring food and water with you.*

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